



ಭಾಕ್ಯ ಅನುಪ ರಾಷ್ಟ್ರೀಯ ಪಶುರೋಗ ಸೋಂಕು ಶಾಸ್ತ್ರ ಮತ್ತು ಮಾಹಿತಿ ವಿಜ್ಞಾನ ಸಂಸ್ಥೆ  
भाक्य अनुप-राष्ट्रीय पशुरोग जानपदिक एवं सूचना विज्ञान संस्थान  
ICAR-National Institute of Veterinary Epidemiology and Disease Informatics  
रामगोंडनहल्ली, येलहंका, बेंगलुरु - 560064.

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Dated 20.06.2022

## CIRCULAR

Sub: Celebration of International Day of Yoga (IDY) on 21.06.2022

The International Yoga Day is celebrated on 21<sup>st</sup> June every year as declared by United Nations in 2015. The world wide acceptance of Yoga is a matter of pride for our Country, as Yoga is an integral part of our cultural and spiritual heritage.

The Ministry of AYUSH, Government of India proposes to observe IDY at Iconic Sites across the country for India Branding, and as per the circular issued by the Under Secretary, (GAC), ICAR vide F. No. GAC-13-1/2022-CDN dated 18.04.2022, ICAR-National Institute of Veterinary Epidemiology and Disease Informatics, will be celebrating the 8<sup>th</sup> International Day of Yoga at our Institute.

The Yoga session will be conducted on 21<sup>st</sup> June 2022 (Tuesday) at 08.00 am in the Vehicle parking shed. **Mr. Ashvik, Certified Yoga Instructor, SVYASA Yoga University, Bengaluru** will impart training on Yoga.

All the staff members of this Institute (Scientists, Technical, Administrative, SSS, RA, SRF, JRF, Young Professionals, students and contractual staff are **requested to assemble by 07.45 am** on 21.06.2022 to attend the yoga session. On conclusion of the yoga session break-fast will be served to the participants at NIVEDI canteen.

This is issued with the approval of the Competent Authority.

Pre-requisite (Not mandatory)

1. All are requested to bring a yoga mat/bed sheet /towel to sit on the floor
2. Suitable attire for comfortable yoga session is also requested.